

Eat-O-Meter v2.0

As CT is a collective, we are a large body of humanity- with an emphasis on LARGE. In other words, sometimes because of all the minds involved, we think there is more than one stomach betwixt us.

On any given day, our caloric intake could be anywhere from 1,000 to 1,000,000,000 – depending on our perceived dietary needs. For instance, a box of donuts for breakfast is all well and good, but when the box is understood as one, in addition to the gallon of sugar and crème laden coffee, carton of eggs (over easy, slathered in lard), the side of bacon... well, let's just say it all adds up.

And we don't feel alone in this struggle. From what we can tell, millions of Americans are in constant battle with what their mind craves and what their bodies need.

When you're sitting at a computer all day, those 500,000 or so calories (many from heavily processed fats and oils, thanks to the heartless bastards in the commercial food industry in this country) collect on the walls of our arteries. This collection is called plaque, and eventually, after a lifetime of poisonous intake, a person's arteries are clogged with goo that prevents blood from traveling to the parts of the body it needs to, causing all kinds of problems.

But you don't want to hear about how we don't have enough sense to eat properly, do you? Hell no! You want the CT solution (or at least aid) to the problem. Put down your huge pastry long enough to take a look at the **Eat-O-Meter 2.0!**

This little honey is a tool – a tool for you to keep track of the snacks you're snackin' on. But wait, there's more! This E-O-M adds up the calories, dietary content (ie. fat, sodium, protein, carbohydrate, etc.) in terms of actual numbers and percentages to help you keep track of the junk that goes down your throat.

We're feeling pretty excited about the **Eat-O-Meter 2.0**. So excited, in fact, we're going to celebrate with a very large cake. Bon appetit!